

Backpack Bites Wish List

1 pound bag of rice

Bag of beans 1 pound bag

12 ounce to 16 ounce peanut butter - no glass jars

Box Mac and cheese

Single serve fruit cups and applesauce

Granola bars, cheese crackers, peanut butter crackers

Canned vegetables

Oatmeal packets plain

Pasta - 1 lb box or spaghetti

Canned tuna (4 to 5 ounce)

Canned chicken (12 Ounce cans)

Shelf stable low or no fat milk - 8oz